

First Impressions Family Dental Care

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IMMEDIATE DENTURE INFORMATION

To keep your new dentures looking and feeling like new, please follow these simple directions:

- 1. With your new denture we have included 5 FREE POST OPS WITHIN THE FIRST YEAR.
- 2. **LEAVE DENTURE IN FOR THE FIRST 24 HOURS.
- 3. **DO NOT use adhesive products until you're advised by your Doctor.
- 4. Clean your appliance regularly with any good denture cleaner purchased from the drug store. With this cleaner, you will need to rinse the appliance under running water to remove any food particles and then soak it in the cleaner for 15-30 minutes a day, or overnight 3 times a week. Be sure to rinse the appliance after soaking it in the cleaner.
- 5. If possible, after eating, rinse your appliance to remove any food particles.
- 6. Keep the appliance in water or in denture cleaner whenever it is not being worn to keep the appliance hydrated.
- 7. Brushing the appliance is not necessary. However, if food particles remain on your appliance after rinsing, they may be removed with a very soft brush.
- 8. Remember to brush your natural teeth and/or gums regularly as directed.
- 9. Avoid bleach, peroxide, or similar cleaning agents for cleaning your appliance, for these may affect the natural hue.
- 10. Toothpaste and harsh toothbrushes may scratch or dull the surface.
- 11. Please keep your appliance out of reach of pets. Our little friends find dental appliances to be attractive chew toys.
- 12. Do not drop or squeeze your appliance. It is made of a polymer and will break. Please handle the appliance with due care.

Please call 317-867-5511 if you experience any discomfort from the appliance. We urge you to maintain your natural teeth as long as possible.

Please visit us regularly to monitor and professionally clean your appliance.